

# MARIANO DI VAIO

height 6'1" · bust 39.5" · waist 31.5" · hips 37.5" · suit 50  
shoes size 44 EU/13 US/10 UK · hair brown · eyes brown



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**BOSS**  
HUGO BOSS  
eyewear

## MASTER THE LIGHT

Die neue BOSS Eyewear Kollektion

Jetzt entdecken



**MGM**  
MODELS

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# Men's Health

JUNHO 2017

## CORPO DE PRAIA

- ▶ Tronco perfeito
- ▶ Braços maiores
- ▶ Abdominais definidos

**PLANOS DE TREINO PARA HOMENS SEM TEMPO**  
P.54

**2.796**  
Mulheres revelam as suas fantasias

**Fim às dores nas costas!** P.50

**PERCA 5 KG**  
Este mês!

**Mariano Di Vaio**  
Como se veste, cuida e treina



**O segredo #1 para não ter stress**  
P.92

**Vista-se bem, gaste pouco!**

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MGM  
M O D E L S

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